

7960 CENTER ST SW
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This document serves as a quick reference to the most important rules at Oly Arena Soccer for youth indoor. These are core rules that most often impact games — from ball size and player counts to key in-game conduct and ages modifications. Coaches, players, and parents can use this summary as a convenient resource but all participants are encouraged to review this to have a great experience.

General Information

Divisions: U9–High School

Game Duration: Two 20-minute halves with a 1-minute halftime

Ball Size:

- U9–U12: Size 4
- U13–Adult: Size 5

Equipment:

- Shin guards are required for games
 - No outdoor cleats permitted
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Players on the Field

- **Standard Format:** 7v7 (includes goalkeeper)
 - **U13 to High School & Adult:** 6v6 (includes goalkeeper)
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Game Rules & Conduct

Three-Line Violation

Occurs when the ball crosses both red lines in the air without touching a wall, ground, or another player between the lines.

Playing in a Dangerous Manner

- Sliding and playing with three points of contact on the ground are prohibited.

Boarding

Propelling an opponent into the perimeter wall is not allowed.

Goal Differential (Mercy Rule)

- If a team trails by a **margin of 4 goals (or more)** they may add one additional player

Goal Scoring Restriction:

If a team ahead by 4+ goals scores from within the opponent's penalty area, the goal will be disallowed. Restart with a goalkeeper throw-in.

Penalties / Fouls / Free Kicks:

- **Foul Outside penalty area:** Indirect kick from the spot of the foul
- **Foul Inside by defense inside penalty area:** Direct shot from the first red dot (penalty kick)
- **Defensive Clear Out Of Bounds** Offensive Free Kick at Yellow Line / Second Red Dot (indirect kick)
- **Offense its ball into net above goal** Ball in hand and keeper has 6 seconds to throw
- **Ball hit out of bounds at midfield** indirect kick 3 feet from boards where ball traveled out
- **Keeper or defender makes block and ball travels into netting between corner kicks spots**
Offensive team Direct Corner Kick from the Red Corner Kick Dot

We will have a (2) Warning System for hard fouls, disruptive behavior, poor sportsmanship, dissent.

(1) to warn and correct the behavior

(2) is a send off and may not return to the game

- *this goes for coaches and parents as well*

All fouls, penalties, free kicks, warnings and send off's are at the discretion of the attending referee.

We have a zero-tolerance policy for ref abuse and as such will require teams, coaches and parents as well as guests to be good stewards of youth soccer at Oly Arena and at FC Olympia. Individuals and teams can be banned from this facility if and when poor behavior and conduct are displayed.

There are no refunds for any programming including behavior and sportsmanship removals.

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